



Deficit irrigation combined with a high planting density optimizes root and soil water–nitrogen distribution to enhance cotton productivity in arid regions

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ABSTRACT

Context: Increasing the cotton planting density can reduce irrigation while maintaining the seed cotton yield. However, the underlying physiological and ecological mechanisms remain unclear. We hypothesized that increasing the planting density and reducing irrigation would promote dynamic consistency in the distribution of the roots, soil water, and nitrogen, leading to improved cotton water productivity and ultimately achieving a stable seed cotton yield.

Method: To test this hypothesis, a 3-year field experiment (2019–2021) was conducted in Xinjiang, China. The main plots were subjected to 3 irrigation levels based on crop evapotranspiration (ETc): 0.6 (deficit), 0.8 (typical), and 1.0 ETc (adequate). Subplots were planted at 3 densities: 13.5 (low), 18.0 (typical), and 22.5 plants m⁻² (high).

Results: Under typical irrigation conditions, the seed cotton yield was significantly higher at a typical planting density than at a low or high planting density. However, with adequate irrigation, a low planting density resulted in a higher yield, while a high planting density combined with adequate irrigation reduced the yield by 14.7% compared with typical conditions (typical irrigation + typical planting density). Under deficit irrigation, the seed cotton yield at a high planting density was 9.2–23.5% higher than that at a low or typical planting density, achieving yield stability with 20% water saving. The dry matter accumulation and harvest index showed no significant differences between typical irrigation + typical planting density and deficit irrigation + high planting density. Deficit irrigation combined with a high planting density resulted in a higher overlap rate of the root distribution area, soil water consumption area, and nitrate nitrogen consumption area, leading to higher water productivity than that of other density and irrigation combinations.

Conclusion: Deficit irrigation combined with a high planting density can reduce water input by 20% without sacrificing cotton yield, likely because of increased water productivity through the enhanced dynamic consistency of root distribution and soil water–nitrogen consumption. These findings provide valuable ecological and physiological insights for achieving water savings without compromising yield in arid and water-scarce regions.

1. Introduction

Cotton (*Gossypium hirsutum* L.) is a vital economic crop cultivated extensively worldwide (Zhang et al., 2023). Xinjiang, the largest cotton-producing region in China, contributes to more than one-fifth of the global cotton output (Feng et al., 2024). Despite the extensive use of

drip irrigation under plastic mulch, which boosts water use efficiency by 50% (Vaddula and Singh, 2023), water scarcity remains a significant bottleneck in cotton production (Dai et al., 2024; Zhou et al., 2011). Consequently, cultivation measures such as drip irrigation, plastic mulching, and high-density planting are widely used in this region to enhance cotton yield and water productivity.

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In arid and water-scarce regions, deficit irrigation is considered an innovative agricultural water-saving technique (Cheng et al., 2021). This practice enhances the shift in cotton from vegetative to reproductive growth, thereby increasing crop water productivity under reduced water use (Shareef et al., 2018). However, an excessive water deficit may induce premature senescence in cotton, consequently reducing the yield (Chen and Dong, 2016). The effect of water deficit on crop growth and yield has also been explored at various growth stages. Early stage deficit irrigation has been shown to promote root development, enhance the deep water absorption capacity, and improve water productivity (Xu et al., 2016), although it can also decrease the leaf area and seed cotton yield (Zhan et al., 2015). A water deficit during the mid to late growth stages can reduce the number of bolls per unit area and the weight of individual bolls, leading to a lower cotton yield (Wang et al., 2004). Therefore, determining an optimal irrigation amount and timing is crucial for maintaining the crop yield and enhancing water productivity. Furthermore, previous studies have emphasized that planting density is a vital factor affecting cotton yield (Li et al., 2020). Under deficit irrigation conditions, appropriately increasing the planting density can have water-saving effects without reducing the seed cotton yield (Chen et al., 2019; Zhang et al., 2016; Zhou et al., 2023).

Roots are the primary organs for water and nutrient absorption in plants (Guo et al., 2024; Singh et al., 2023; Wu et al., 2023a). Enhancing the root absorption capacity is crucial for improving crop yield and water use efficiency (McCormack et al., 2015). Under drip irrigation, roots are mainly concentrated in the 0–40 cm soil layer (Wang et al., 2021). Compared with conventional irrigation amounts, increasing the irrigation under drip systems expands the wetted soil area but causes nitrate leaching beyond the root zone, increasing the distance and resistance of nutrient transport to the roots (Irmak et al., 2023; Wu et al., 2023b). Deficit irrigation promotes deeper root growth (Xu et al., 2016), enhancing water and nutrient utilization from deeper soil layers. However, an excessive water deficit may cause soil compaction, hindering root growth into deeper layers and limiting water and nutrient absorption (Hodgkinson et al., 2017). The planting density is another key factor influencing root development and water and nutrient utilization (Guan et al., 2022). A high planting density can restrict the root growth space, leading to higher root overlap (Li et al., 2018). To capture more water and nutrients in a limited soil space, roots may become thinner and longer, adapting to a competitive environment (Lynch et al., 2022), thereby improving deep soil water and nutrient extraction and utilization (Chen et al., 2022b). However, an excessively high planting density can limit the root growth space, inhibit root expansion, and ultimately affect the water and nutrient absorption capacity (Gao et al., 2022), thus affecting the crop yield. In arid and water-scarce regions, there is limited research on the effects of high-density cotton planting and deficit irrigation conditions on the root distribution and dynamic consistency of soil water and nitrogen variation areas in relation to yield.

With the aim of enhancing cotton water productivity and achieving a stable seed cotton yield, it was hypothesized that increasing the planting density and reducing irrigation would promote a consistent distribution of roots, soil water, and nitrogen. To test this hypothesis, a 3-year field experiment was conducted in the water-scarce arid region of Xinjiang. The study had the following objectives: (a) to determine the effects of varying irrigation amounts and planting densities on seed cotton yield, biological yield, and harvest index; (b) to investigate the response of soil water and nitrogen consumption in the root concentration zone under deficit irrigation and high-density planting conditions; and (c) to elucidate the physiological and ecological mechanisms by which deficit irrigation and high-density planting improve cotton water productivity and yield stability. These findings can provide a theoretical basis for achieving high and stable cotton yields in arid and water-scarce regions.

2. Materials and methods

2.1. Experimental site

A 3-year field experiment was conducted from 2019 to 2021 at the Cotton Comprehensive Experimental Station in Aawti (N41°06', E80°44'), Xinjiang Academy of Agricultural Sciences, Xinjiang, China. This site has a typical temperate continental arid climate, and the annual mean air temperature is 10.4 °C, with an above 10 °C temperature sum of 3988 °C. The annual total number of sunshine hours is 2679 h, and the frost-free period lasts for 211 days. The annual total precipitation is 46.7 mm, and the annual evaporation was 2900 mm from 1991 to 2021. In this area, agriculture is completely dependent on irrigation.

The soil is sandy loam with 10.6 g kg⁻¹ organic matter and 1.8 g kg⁻¹ total nitrogen. The bulk density in the 0–40 cm soil layer is 1.5 g cm⁻³, and the field capacity is 28.9% (volumetric water content). The maximum and minimum air temperatures and rainfall from April to October (crop-growing season) in 2019 and 2021 are shown in Fig. 1. These measurements were obtained from an automated weather station (Watch Dog 2900ET Weather Station, Spectrum, Inc., Plano, TX, USA) located adjacent to the site.

2.2. Experimental design and field management

The experiment was organized in a split-plot design with four replications. It included irrigation levels as the main plots: 0.6 (deficit), 0.8 (typical), and 1.0 *ET_c* (adequate), as well as three plant densities as the subplots: 13.5 (low), 18.0 (typical), and 22.5 plants m⁻² (high).

ET_c was estimated using the following equation (Hou et al., 2024) Eq. (1).

$$ET_c = ET_0 \times K_c \quad (1)$$

where *ET_c* is the crop evapotranspiration (mm d⁻¹), and *K_c* is the crop coefficient. According to Allen et al. (1998), *K_c* at the initial, mid, and end of season stages are 0.30, 1.15, and 0.70, respectively. However, *K_c* was adjusted to 0.75, 1.15, and 0.70, considering the specific climate at the experiment site. The daily *ET₀* was computed using the following equation (Allen et al., 1998):

$$ET_0 = \frac{0.408 \Delta (R_n - G) + \gamma \frac{900}{T_{mean} + 273} u_2 (e_s - e_a)}{\Delta + \gamma (1 + 0.34 u_2)} \quad (2)$$

where *ET₀* is the reference evapotranspiration (mm day⁻¹); Δ is the slope of the saturation vapor pressure curve at air temperature (kPa °C⁻¹); *R_n* is the net radiation at the crop surface (MJ m⁻² d⁻¹); *G* is the soil heat flux density (MJ m⁻² d⁻¹); γ is the psychrometric constant = 0.665 × 10⁻³ × *P* (kPa °C⁻¹) (Allen et al., 1998); *P* is the atmospheric pressure (kPa); *u₂* is the wind speed at a 2 m height (m s⁻¹); *e_s* is the saturation vapor pressure (kPa); *e_a* is the actual vapor pressure (kPa); (*e_s* – *e_a*) is the saturation vapor pressure deficit (kPa); and *T_{mean}* is the daily air temperature at a 2 m height (°C).

Each experimental plot was 39 m² (6.5 m long and 6.0 m wide). Surface drip irrigation under plastic mulching was used, and the tubes were set under a plastic film. The irrigation level was controlled through a solenoid valve and flowmeter. To prevent the marginal effects of water movement between plots, a narrow 50 cm ditch was dug at the boundary of each plot, and a vinyl chloride polymer was applied. The plastic film was mulched with a 2.05 m film covering three rows (81 % of the cover ratio). The row spacing was 76 cm for all treatments (Fig. 2). The drip lines were set per row, with a distance between the drippers of 25 cm and a dripper flow rate of 2.1 L h⁻¹. Irrigation started on June 20 and ended on August 22 in both years. During this period, different irrigation levels were delivered at 7-day intervals, for a total of 10 times.

High-yield, upland cotton (cv. Xinluzhong 88) was sown in early April, and harvest occurred in early October. At sowing, 450 kg ha⁻¹ diammonium phosphate (P₂O₅, 53.8 %; N, 21.2 %), 225 kg ha⁻¹

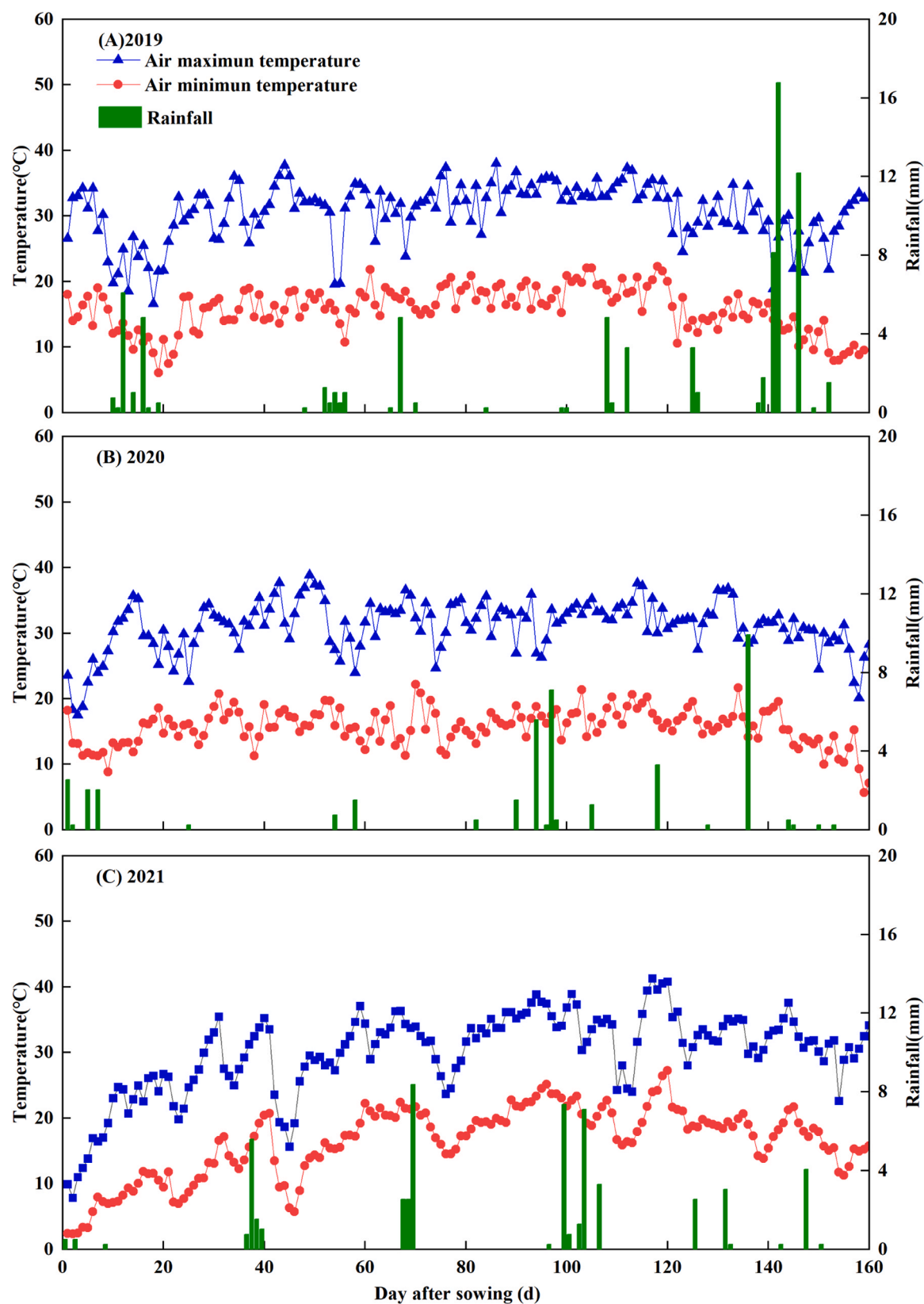


Fig. 1. Daily air temperatures and daily rainfall during the cotton growing season at the experimental site in 2019–2021.

potassium sulfate (K_2O , 51 %), and 150 kg ha^{-1} urea (N, 46.4 %) were applied. A total amount of 600 kg ha^{-1} urea (N, 46.4 %) was applied with drip irrigation per year for all treatments. Weeds were removed by hand.

2.3. Measurements

2.3.1. Seed cotton yield

The final cotton yield was determined at harvest. All plants in a

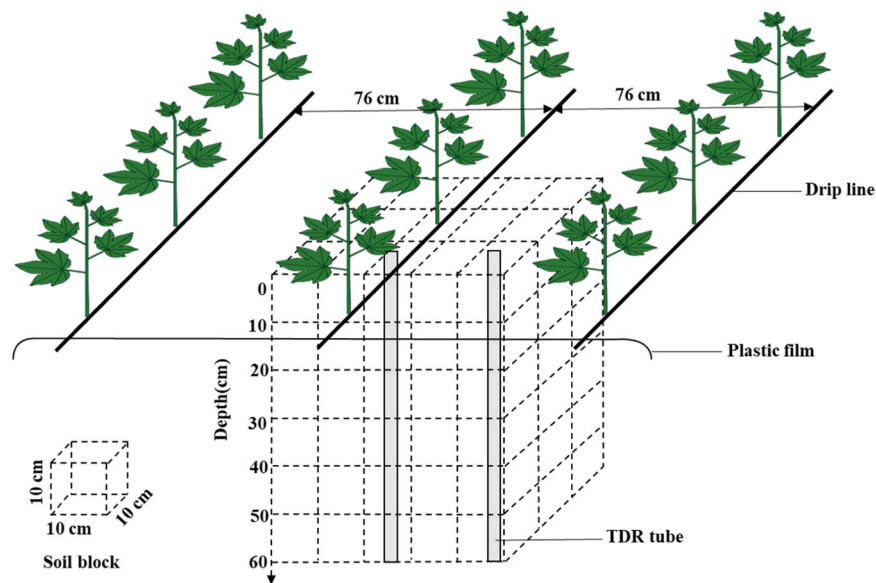


Fig. 2. Schematic of the planting mode, the spatial layout of root sampling and soil water content for cotton under mulched drip irrigation.

6.67 m² (2.9 m long × 2.3 m wide) sampling area at the center of each plot were harvested to determine the actual planting density, boll number per plant, and boll weight. Samples of seed cotton were sun-dried to a 11 % water content (Zhang et al., 2016). The seed cotton yield (including fiber and seeds) was calculated according to the boll number per unit ground area and single boll weight (Zhang et al., 2024).

2.3.2. Dry matter accumulation

Dry matter samples were collected from all plots at four different stages: 48 days after sowing (DAS) (peak squaring stage), 75 DAS (peak flowering stage), 105 DAS (peak boll-setting stage), and 135 DAS (boll opening stage) over three years. Plant samples were divided into roots and aboveground components at the cotyledonary node. Root samples were collected from the soil surrounding the plant base, covering the entire root distribution area, with a typical sampling depth of 0–40 cm. Following the determination of fresh weight, roots and aboveground tissues were dried in an oven for 30 min at 105 °C to inactivate enzymes. Subsequently, the samples were dried at 85 °C until a constant weight was achieved, and the dry weight was determined.

2.3.3. Root morphology

Roots were sampled three times per year for all plots at 75 (peak flowering stage), 105 (peak boll-setting stage), and 135 DAS (boll opening stage) in both years. Root samples were collected using the monolith method (Wang et al., 2020). The spatial layout of root sampling was designed according to the cotton plant and drip line arrangements in the cotton field. Soil cubes of 10 × 10 × 10 cm were dug individually in a soil area of 30 × 50 cm at a depth of 60 cm. The growth conditions of these soil cubes in the middle row, covered with 2.05 m film, were similar to those of the selected sample plot (Fig. 2). A total of 90 soil cubes were collected in each area. The soil samples were placed into a 0.5 mm mesh screen to wash the roots; dead roots and impurities were manually removed. After washing, the root samples were carefully positioned on a flatbed image scanner with tweezers, scanned with 300 dpi pixels, and analyzed using root analysis software (WinRhizo, version 2009; Regent Instrument, Quebec, Canada). The root length was measured, and the root length density (RLD, cm cm⁻³) was calculated as the ratio of root length to soil volume.

2.3.4. Soil water content

The soil water content was measured using the time domain reflectometry (TDR) method (TRIME-T3, IMKO, Ettlingen, Germany).

Measuring tubes were installed in each of the following two zones: in-row and inter-row. The spacing between adjacent measuring tubes was 40 cm (Fig. 2). Soil water content was determined at depths of 0–10, 10–20, 20–30, 30–40, 40–50, and 50–60 cm at 20, 75, 105, and 135 DAS. Based on these measurements, soil water storage (SWS) and soil water consumption (SWC) were calculated (Huang et al., 2020). To analyze the differences in SWC at various depths, the soil layers were categorized as shallow (0–20 cm), intermediate (20–40 cm), and deep (40–60 cm) (Wang et al., 2021).

2.3.5. Crop water productivity

The total crop water consumption, including both soil evaporation and crop transpiration, known as actual evapotranspiration (ET_a , mm), was calculated during the growth season using the water balance equation (Xiao et al., 2023), as follows:

$$ET_a = P + I - C_r - R_f - D_p \pm \Delta S \quad (3)$$

where P is the total precipitation during the cotton-growing season (mm); I is the irrigation amount (mm); C_r is the capillary rise (mm); R_f is the runoff (mm); D_p is deep percolation (mm); and ΔS is the change SWS in the 0–60 cm soil layer.

In Eq. (3), C_r was considered zero because the groundwater table was more than 40 m below the surface, and R_f was assumed to be negligible because the plot was flat. D_p was considered zero because soil water storage below 60 cm did not reach field capacity on any sampling date, and the soil water storage was relatively stable.

The crop water productivity (WPC , kg m⁻³) was calculated following Eq. (4), using the seed cotton yield (Y , kg ha⁻¹) produced per unit of water uptake (crop evapotranspiration ET_a , mm):

$$WPC = Y/ET_a \quad (4)$$

2.3.6. Soil nitrate nitrogen content

At 75, 105, and 135 DAS, samples were collected at depths in 10 cm intervals within the 0–60 cm soil layer. Soil samples were collected from beneath and between the drip lines. The soil solution was extracted from the soil samples using a 1:5 ratio of 2 mol L⁻¹ KCl solution. The nitrate nitrogen content in the solution was subsequently measured using a UV spectrophotometer (Jia et al., 2020). Total soil nitrate accumulation and soil nitrate variation (SNV) in the 0–0.6 m soil layer

were calculated as follows (Chen et al., 2024):

$$SNA_i = 0.1 \times N \times \gamma \times h \quad (5)$$

$$TSNA = \sum_i^n SNA_i \quad (6)$$

where $TSNA$ is the total soil nitrate accumulation in the 0–0.6 m soil layer (kg ha^{-1}); SNA_i is the soil nitrate accumulation at the i th soil layer (kg ha^{-1}); N is the soil nitrate concentration (mg kg^{-1}); 0.1 is the conversion coefficient; γ is the dry bulk density (g cm^{-3}); i is the soil layer, $i = 1, 2, 3, \dots, n$, and h is the soil depth (cm).

The soil nitrate variation (ΔSNV , kg ha^{-1}) was calculated using Eq. (7) (Wang et al., 2018):

$$\Delta SNV = SNA_{ai} - SNA_{bi} \quad (7)$$

where SNA_{ai} is the accumulation of nitrate in the soil at the first growth stage of the i th soil layer; SNA_{bi} is the accumulation of nitrate in the soil at the last growth stage of the i th soil layer.

2.4. Statistical analysis

The experimental data from the three growing seasons were analyzed using analysis of variance in SPSS 22.0 (SPSS Inc., Chicago, IL, USA). The data obtained from each sampling event were analyzed separately. When a significant treatment effect was observed at $P < 0.05$, the least significant difference (LSD) was used to determine differences between means. ANOVA was conducted using the year (Y), irrigation amount (I), and planting density (D) as the primary effects, and interactions included $I \times D$ and $Y \times I \times D$. Origin 2019b software

(OriginLab, Northampton, USA) was used to generate the figures.

3. Results

3.1. Seed cotton yield and crop water productivity

The irrigation amount and planting density significantly interacted to affect cotton yield (Table 1). A 3-year study showed that under deficit irrigation conditions, the seed cotton yield increased with an increase in planting density. Specifically, the seed cotton yield at high density (D3) was 19.1 % and 10.3 % higher than that at typical (D2) and low density (D1), respectively. Under typical irrigation conditions, the seed cotton yield of D2 was the highest, being 6.1 % and 14.3 % higher than that of D3 and D1, respectively. Under adequate irrigation conditions, the seed cotton yield of D3 decreased by 4.8 % and 7.3 % compared with that of D1 and D2, respectively. Under the joint control of irrigation amount and planting density, the seed cotton yield of deficit irrigation + high density (I1D3) in 2019 was slightly lower than that of typical irrigation + typical density (I2D2) by 3.6 %, but there were no significant differences between 2020 and 2021. Under 20 % water-saving conditions, deficit irrigation and an appropriate increase in planting density maintained a stable yield.

Both irrigation amount and planting density significantly influenced water productivity (Table 1). Under deficit irrigation conditions, water productivity showed an increasing trend with a higher planting density, with D3 having an average increase of 5.5 % and 10.7 % compared with D2 and D1, respectively. Under typical irrigation conditions, D2 had a water productivity that was 10.8 % and 9.2 % higher than that of D3 and D1, respectively. Under adequate irrigation conditions, D3 had a water

Table 1

Effects of irrigation amount and plant density on seed cotton yield, harvest index (HI) and water productivity (WPC).

Year	Irrigation amounts mm	Planting density (plants m ⁻²)	Dry matter accumulation (kg ha ⁻¹)	Seed cotton yield (kg ha ⁻¹)	ETa (mm)	HI	WPC (kg m ⁻³)
2019	I1	D1	10401e	4602 f	415 h	0.442a	11.06b
		D2	10859de	4702ef	426 g	0.433ab	11.02b
		D3	12395c	5303b	452 f	0.427ab	11.71a
	I2	D1	11082d	4818e	464e	0.435ab	10.37c
		D2	12983bc	5501a	496d	0.424bc	11.18b
		D3	13141b	5146 cd	514c	0.401de	10.00c
	I3	D1	12954bc	5274bc	519c	0.407 cd	10.14c
		D2	13314b	5121d	559b	0.384e	9.149d
		D3	14114a	4844e	579a	0.343 f	8.364e
2020	I1	D1	10015e	4499e	379 h	0.449a	11.87c
		D2	12192d	5337c	406 g	0.439ab	13.13b
		D3	13869ab	5878a	424 f	0.425bc	13.86a
	I2	D1	11700d	4972d	429e	0.423bc	11.57d
		D2	14261a	6007a	458d	0.421bc	13.09b
		D3	14815bc	5573b	486c	0.417bc	11.44d
	I3	D1	12921c	5391c	483c	0.416c	11.14e
		D2	14268ab	5280c	512b	0.379d	10.30 f
		D3	14614a	5004d	540a	0.350e	9.256 g
2021	I1	D1	10508d	4741 g	380 h	0.457a	12.65c
		D2	12075c	5317de	399 g	0.444ab	13.54b
		D3	13666ab	5935ab	421 f	0.434ab	14.35a
	I2	D1	11891c	5175ef	429e	0.439ab	12.09d
		D2	13722a	6061a	460d	0.442bc	13.31b
		D3	14428a	5776b	483c	0.400bc	12.13d
	I3	D1	12738b	5501c	484c	0.432ab	11.23e
		D2	13925ab	5372 cd	518b	0.387 cd	10.51 f
		D3	14497a	5139 f	542a	0.354d	9.825 g
Source of variance							
Year (Y)			NS	*	NS	**	**
Irrigation (I)			*	**	**	**	**
Density (D)			**	**	**	**	**
I × D			**	**	**	*	**
Y × I × D			NS	**	**	NS	**

Note: ETa: actual evapotranspiration; HI: harvest index; WPC: crop water productivity; For a given trait, treatments with the same letter within a year were not significantly different based on Duncan's multiple range test at $P < 0.05$ with a general linear model. * and ** represent a significant difference at the 5 and 1 % levels, respectively; Ns represents no significant difference at the 5 % level. I1, I2 and I3 mean irrigation amount of 0.6 ETc (deficit), 0.8 ETc (typical) and 1.0 ETc (adequate), respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m^{-2} (high), respectively.

productivity that was 9.1 % and 17.1 % lower than that of D2 and D1, respectively. Under the joint control of irrigation amount and planting density, I1D3 exhibited the highest water productivity, which was 5.6 % and 12.8 % higher than that of I2D2 and adequate irrigation + low density (I3D1), respectively.

3.2. Dry matter accumulation and harvest index

There was a significant interaction effect of irrigation amount and planting density on dry matter accumulation and partitioning, as indicated by the harvest index (Table 1). This 3-year study showed that dry

matter accumulation increased with the irrigation amount. Under the same irrigation conditions, the D3 treatment had a higher dry matter accumulation (Fig. 3). Specifically, the dry matter accumulation of adequate irrigation + high density (I3D3) and typical irrigation + high density (I2D3) increased by 5.3 % and 3.2 %, respectively, compared with typical irrigation + typical density (I2D2). However, the harvest index showed an opposite trend to that of dry matter accumulation. Increasing the planting density reduced the harvest index, with D3 under deficit irrigation showing a harvest index comparable to that of D1 and D2. Under the joint influence of irrigation amount and planting density, there were no significant differences in dry matter

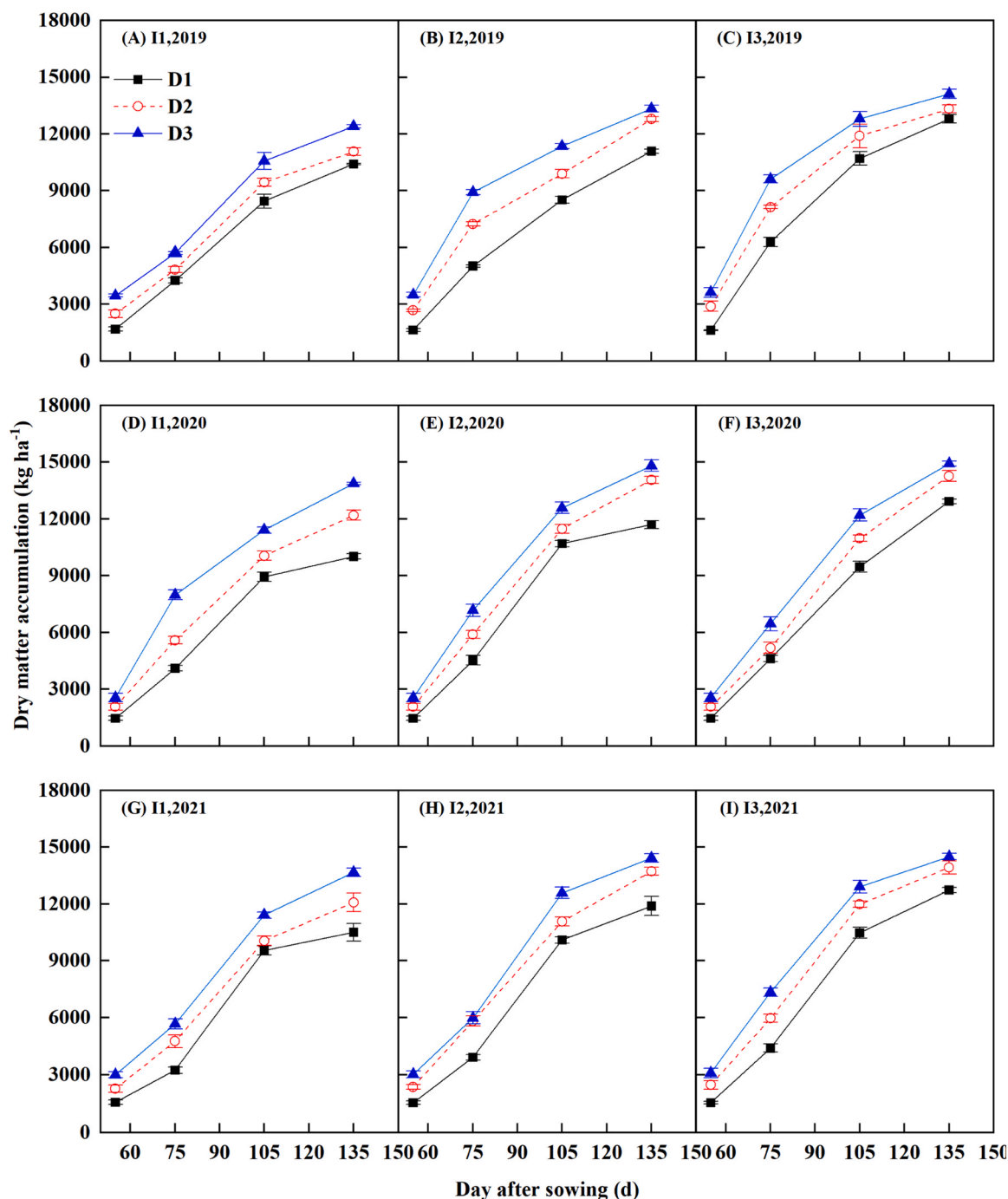


Fig. 3. Effects of irrigation amount and planting density on dry matter accumulation in cotton fields. The error bars indicate the standard error of four replicates. I1, I2 and I3 mean irrigation amount of 0.6 ETc (deficit), 0.8 ETc (typical) and 1.0 ETc (adequate), respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m^{-2} (high), respectively.

accumulation or harvest index between I2D2 and I1D3. Conversely, I3D2 exhibited a 1.3 % increase in dry matter accumulation compared with I2D2, but its harvest index underwent a significant reduction of 11.3 %.

3.3. Root length density (RLD) and spatial distribution

Both irrigation amount and planting density significantly influenced the average RLD (Fig. 4). Under the same planting density, the average

RLD increased by 9.6 % and 17.5 % under the I2 and I3 treatments, respectively, compared with the I1 treatment. However, the average RLD significantly increased with a higher planting density. Under the same irrigation conditions, the average RLD increased by 20.5 % and 34.0 % under the D2 and D3 treatments, respectively, compared with the D1 treatment. Under the combined regulation of irrigation amount and planting density, the average RLD increased by 10.8 % under the I1D3 treatment compared with the I2D2 treatment.

Irrigation amount and planting density significantly affected RLD

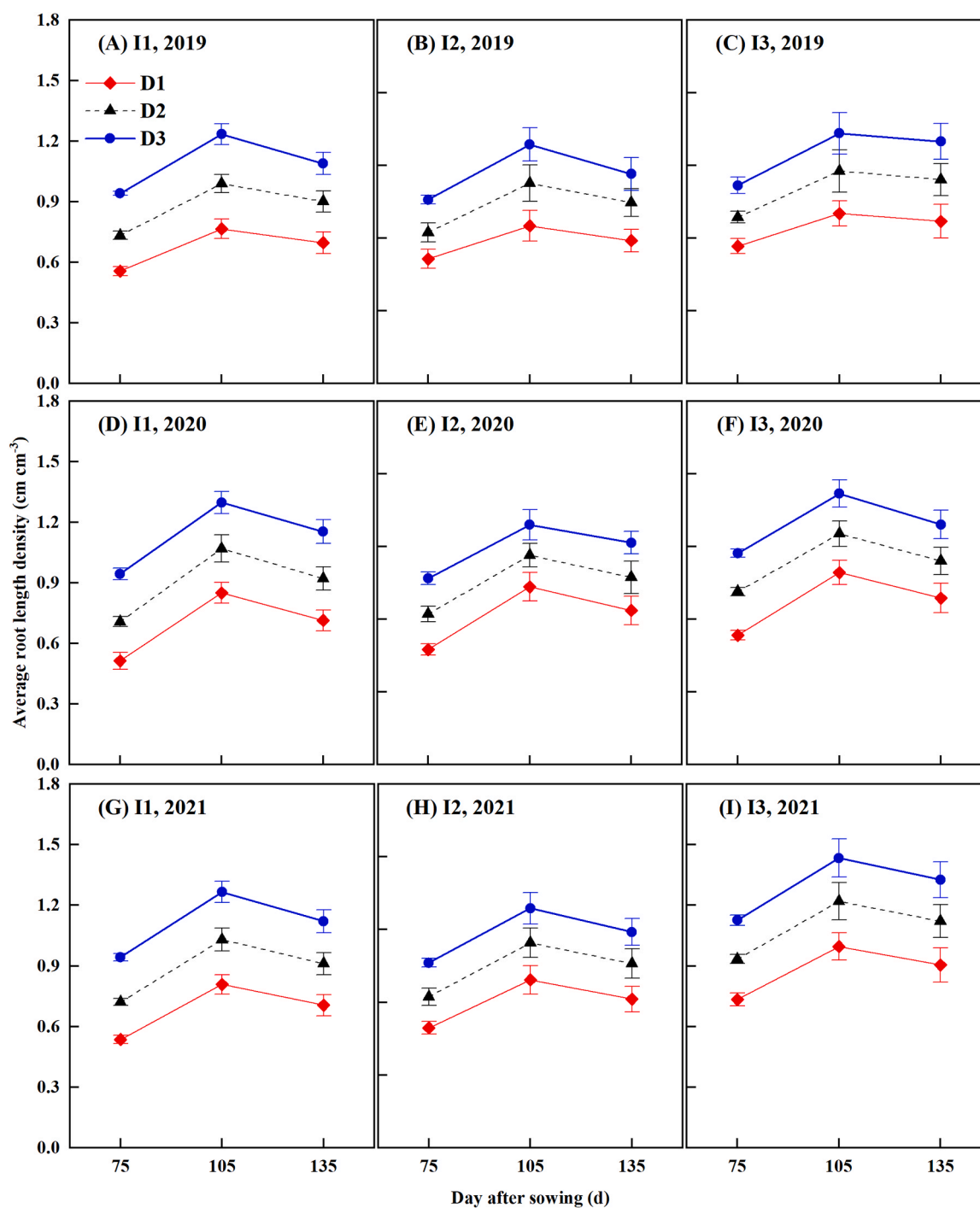


Fig. 4. Average root length density (RLD) of cotton under different irrigation amounts and planting densities in drip-irrigated cotton. Error bars indicate the standard error of four replicates. I1, I2 and I3 mean irrigation amount of 0.6 Etc, 0.8 Etc and 1.0 Etc, respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m^{-2} (high), respectively.

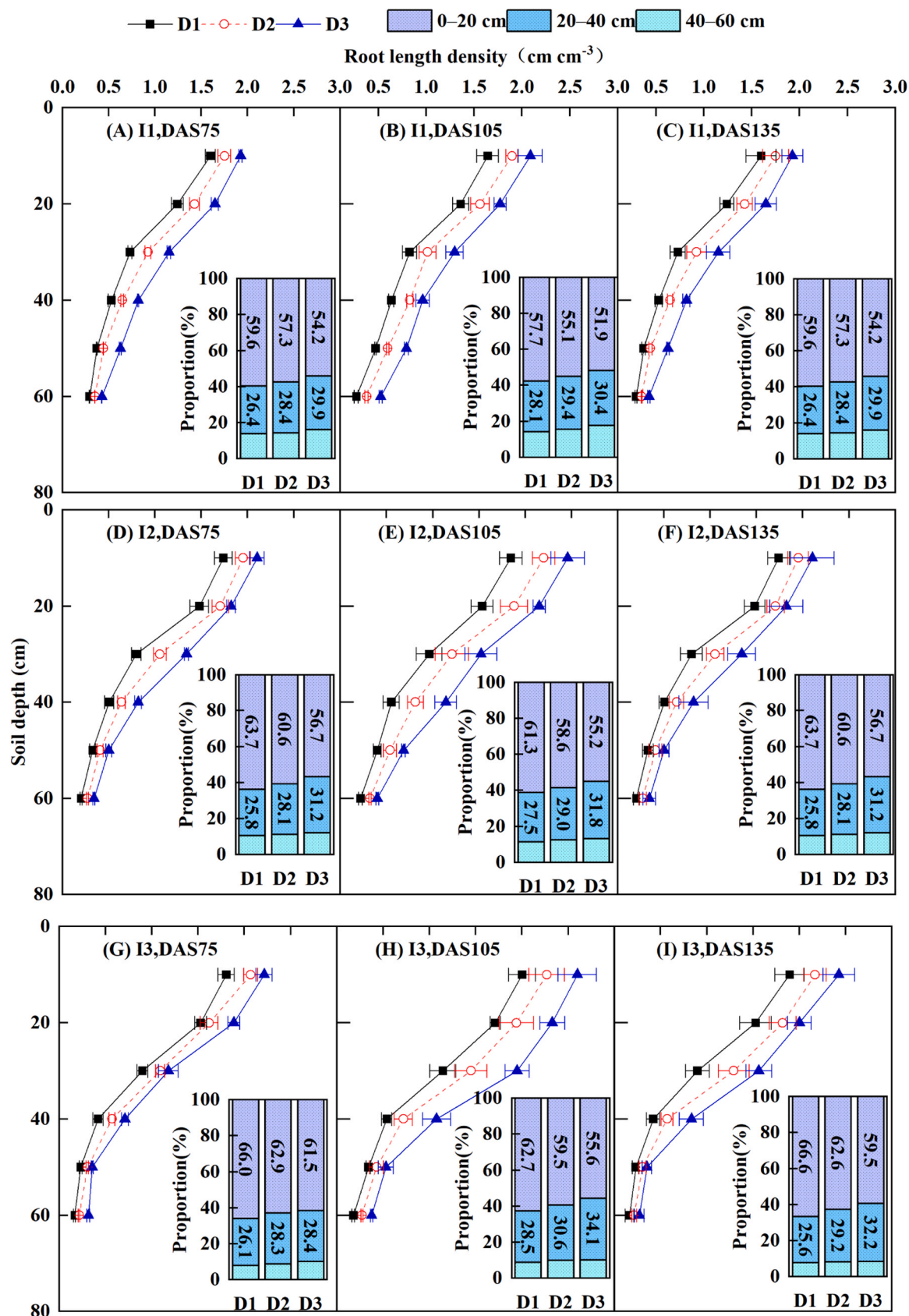


Fig. 5. Effects of irrigation amount and planting density on the vertical distribution and distribution proportion in different soil layers (bar charts embedded in each figure) for the root length density (RLD) of cotton at 75 (A, D, and G), 105 (B, E, and H), and 135 DAS (C, F, and I). The data presented in the figure are the mean values of the three growing seasons, and the error bars represent the standard error of the mean ($n = 12$). DAS, Days after sowing. I1, I2 and I3 mean irrigation amount of 0.6 ETC, 0.8 ETC and 1.0 ETC, respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m^{-2} (high), respectively.

(Fig. 5). Under the same planting density, the RLD increased by 10.9 % and 15.9 % in the 0–40 cm soil layer but decreased by 17.2 % and 34.8 % in the 40–60 cm soil layer under I2 and I3, respectively, compared with I1. Increasing the planting density improved the RLD in all soil layers. Under the combined regulation of irrigation amount and planting density, the RLD in the 0–40 cm soil layer in I1D3 was 2.4 % higher than that in I2D2, and in the 40–60 cm soil layer, the root length density was 19.1 %–61.6 % higher than that in the other treatments.

Under mulched drip irrigation conditions, 88.1 % of the roots were distributed in the 0–40 cm soil layer (Fig. 5). Both irrigation amount and planting density significantly affected the vertical distribution of RLD. Under the same planting density, the I1 treatment had a lower proportion of roots in the shallow soil but a higher proportion in the mid-deep soil than the I2 and I3 treatments. Under the same irrigation conditions, the RLD proportion in shallow soil decreased under the D2 and D1 treatments, but the proportion in mid-deep soil significantly increased by 1.9 % and 1.1 %, respectively, compared with the D3 treatment. Under the combined regulation of irrigation amount and planting density, the RLD proportion in shallow soil under I1D3 treatment was 6.6 % lower than that under I2D2, and the root length density proportion in mid-deep soil was 2.7 %–11.6 % lower than that in other treatments.

3.4. Soil water storage (SWS) and consumption

Both irrigation amount and planting density significantly affected SWS (Fig. 6). Under the same planting density, SWS increased by 9.3 % and 14.7 % under the I2 and I3 treatments, respectively, compared with the I1 treatment. However, as planting density increased, the SWS significantly decreased. Under the same irrigation conditions, SWS decreased by 6.8 % and 12.2 % under the D2 and D3 treatments, respectively, compared with the D1 treatment. Under the combined regulation of irrigation amount and planting density, SWS under the I1D3 treatment decreased by 16.9 % compared with the I2D2 treatment.

The irrigation amount and planting density significantly affected SWC. Under the same planting density, SWC increased by 52.9 % and 28.9 % under the I1 and I2 treatments, respectively, compared with the I3 treatment (Fig. 7). Increasing the planting density also significantly increased SWC; under the same irrigation conditions, SWC increased by 26.9 % and 42.5 % under the D2 and D3 treatments, respectively, compared with the D1 treatment. Under the combined regulation of irrigation amount and planting density, the I1D3 treatment had the highest SWC, with SWC in the 0–40 cm soil layer being 16.9 %–70.1 % higher than that in the other treatments.

Both irrigation amount and planting density affected the distribution of SWC (Fig. 7). Under the same planting density, the I2 and I3 treatments had a lower proportion of SWC in the shallow soil layer and a higher proportion in the mid-deep soil layer than the I1 treatment. Under the same irrigation conditions, the D2 and D3 treatments showed a decrease in the proportion of SWC in the shallow soil layer but an increase of 4.8 % and 8.1 %, respectively, in the mid-deep soil layer compared with the D1 treatment. Under the combined regulation of irrigation amount and planting density, the proportion of SWC in the shallow soil layer under the I1D3 treatment was 7.5 % lower than that under the I2D2 treatment, but the proportion of SWC in the mid-deep soil layer was 3.1 %–19.1 % higher than that in the other treatments.

3.5. Soil nitrate nitrogen accumulation and variation

The irrigation amount and planting density significantly affected soil nitrate nitrogen accumulation (Fig. 8). Under the same planting density, soil nitrate nitrogen accumulation decreased by 2.8 % and 7.7 % under the I2 and I3 treatments, respectively, compared with the I1 treatment. Increasing the planting density also significantly reduced soil nitrate nitrogen accumulation. Under the same irrigation conditions, soil nitrate nitrogen accumulation decreased by 4.7 % and 8.5 % under the D2 and D3 treatments, respectively, compared with the D1 treatment.

Under the combined regulation of irrigation amount and planting density, soil nitrate nitrogen accumulation under the I2D2 treatment decreased by 5.5 % compared with the I1D3 treatment.

Irrigation amount and planting density significantly affected soil nitrate variation (SNV) (Fig. 9). Under the same planting density, SNV decreased by 45.6 % and 20.4 % under the I1 and I2 treatments, respectively, compared with the I3 treatment. Increasing the planting density significantly increased SNV. Under the same irrigation conditions, SNV increased by 19.6 % and 32.7 % under the D2 and D3 treatments, respectively, compared with the D1 treatment. Under the combined regulation of irrigation amount and planting density, the I1D3 treatment showed the lowest SNV, with a 13.2 % reduction in the 0–40 cm soil layer compared with the I2D2 treatment.

Both irrigation amount and planting density influenced the proportion of SNV in different soil layers (Fig. 9). Under the same planting density, the I2 and I3 treatments had a lower proportion of SNV in the shallow soil layer and a higher proportion in the mid-deep soil layer than the I1 treatment. Under the same irrigation conditions, the D2 and D3 treatments showed a decrease in the proportion of SNV in the shallow soil layer, while the proportion in the mid-deep soil layer increased by 4.2 % and 9.7 %, respectively, compared with the D1 treatment. Under the combined regulation of irrigation amount and planting density, the I1D3 treatment had a lower proportion of SNV in the mid-deep soil layer but a 1.7 % higher proportion in the shallow soil layer than the I2D2 treatment.

3.6. Relationship between root length density, soil water consumption, and soil nitrate nitrogen consumption

Different irrigation amounts and planting density significantly affected the overlapping areas of RLD, SWC, and SNV in various soil layers (Fig. 10). Increasing the irrigation amount resulted in a deviation of the overlapping zones of RLD, SWC, and SNV. Under the same planting density, the overlap rate of root distribution, soil moisture consumption, and nitrate nitrogen consumption areas decreased by 4.5 % under the I3 treatment compared with the I1 treatment. Conversely, increasing the planting density expanded the root distribution area, thereby reducing the deviation in the overlapping zones of RLD, SWC, and SNV. Under the same irrigation conditions, the overlap rate of RLD, SWC, and SNV areas increased by 4.8 % under the D3 treatment compared with D1. Under the combined regulation of irrigation amounts and planting density, the I1D3 treatment exhibited a 5.4 %–9.4 % increase in the overlap rate of the root distribution, soil moisture consumption, and nitrate nitrogen consumption areas compared with the other treatments.

4. Discussion

Under the typical irrigation conditions of drip irrigation under plastic mulching, the seed cotton yield was significantly higher with a typical density than with a low or high density. When the irrigation amount was increased to adequate irrigation, the seed cotton yield of low-density cotton is higher than that of typical density and high-density cotton. Under deficit irrigation, the seed cotton yield was 9.2 %–23.5 % higher with a high density than with a low or typical density. Compared with a typical density under adequate irrigation, the seed cotton yield was slightly reduced in 2019 (3.6 %) with a high density under deficit irrigation, but there were no significant differences in seed cotton yield in 2020 and 2021. This is because under deficit irrigation conditions, high planting density led to higher dry matter accumulation and harvest index, and the overlap rate of the root distribution area, soil water consumption (SWC) area, and soil nitrate variation (SNV) area was higher. The seed cotton yield under a combination of a high density and deficit irrigation was equivalent to that with a medium density and conventional irrigation, realizing the yield stability and improving water productivity.

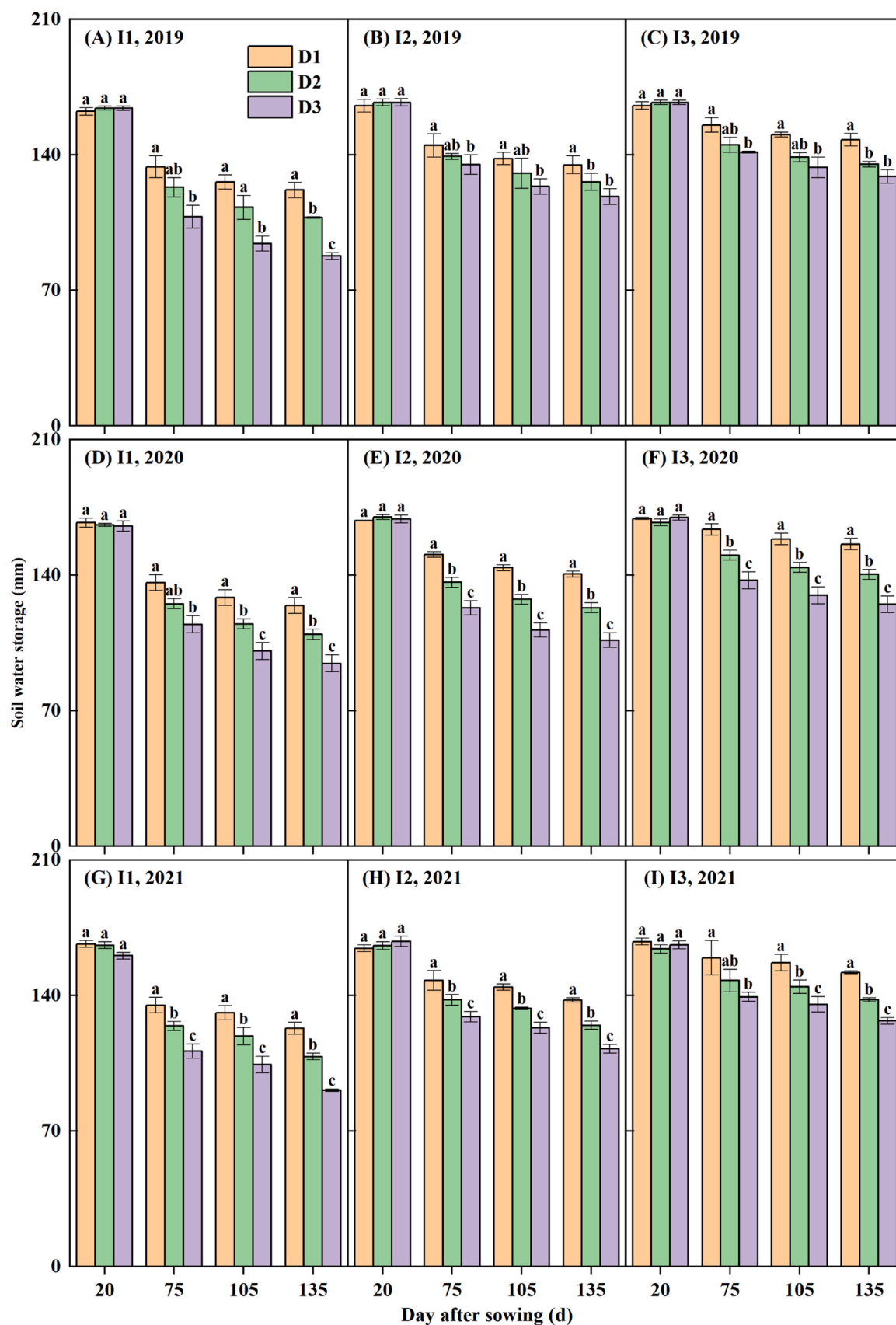


Fig. 6. Effects of irrigation amount and planting density on soil water storage (SWS) in cotton fields. The error bars indicate the standard error of four replicates. I1, I2 and I3 mean irrigation amount of 0.6 Etc (deficit), 0.8 Etc (typical) and 1.0 Etc (adequate), respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m^{-2} (high), respectively.

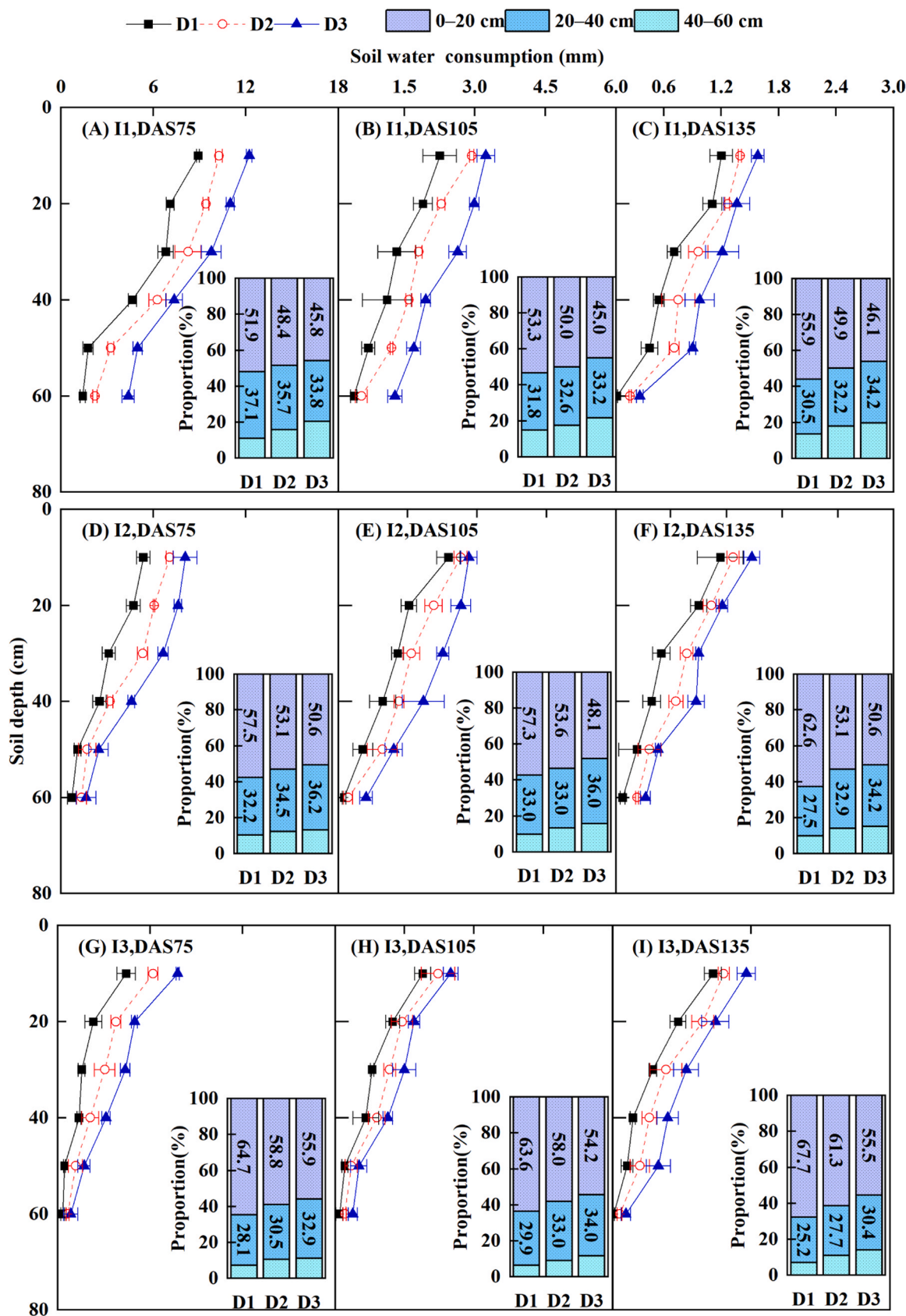


Fig. 7. Effects of irrigation amount and planting density on the vertical distribution and distribution proportion in different soil layers (bar charts embedded in each figure) for soil water consumption (SWC) of cotton at 75 (A, D, and G), 105 (B, E, and H), and 135 DAS (C, F, and I). The data presented in the figure are the mean values of the three growing seasons, and the error bars represent the standard error of the mean (n = 12). DAS, Days after sowing. I1, I2 and I3 mean irrigation amount of 0.6 Etc (deficit), 0.8 Etc (typical) and 1.0 Etc (adequate), respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m⁻² (high), respectively.

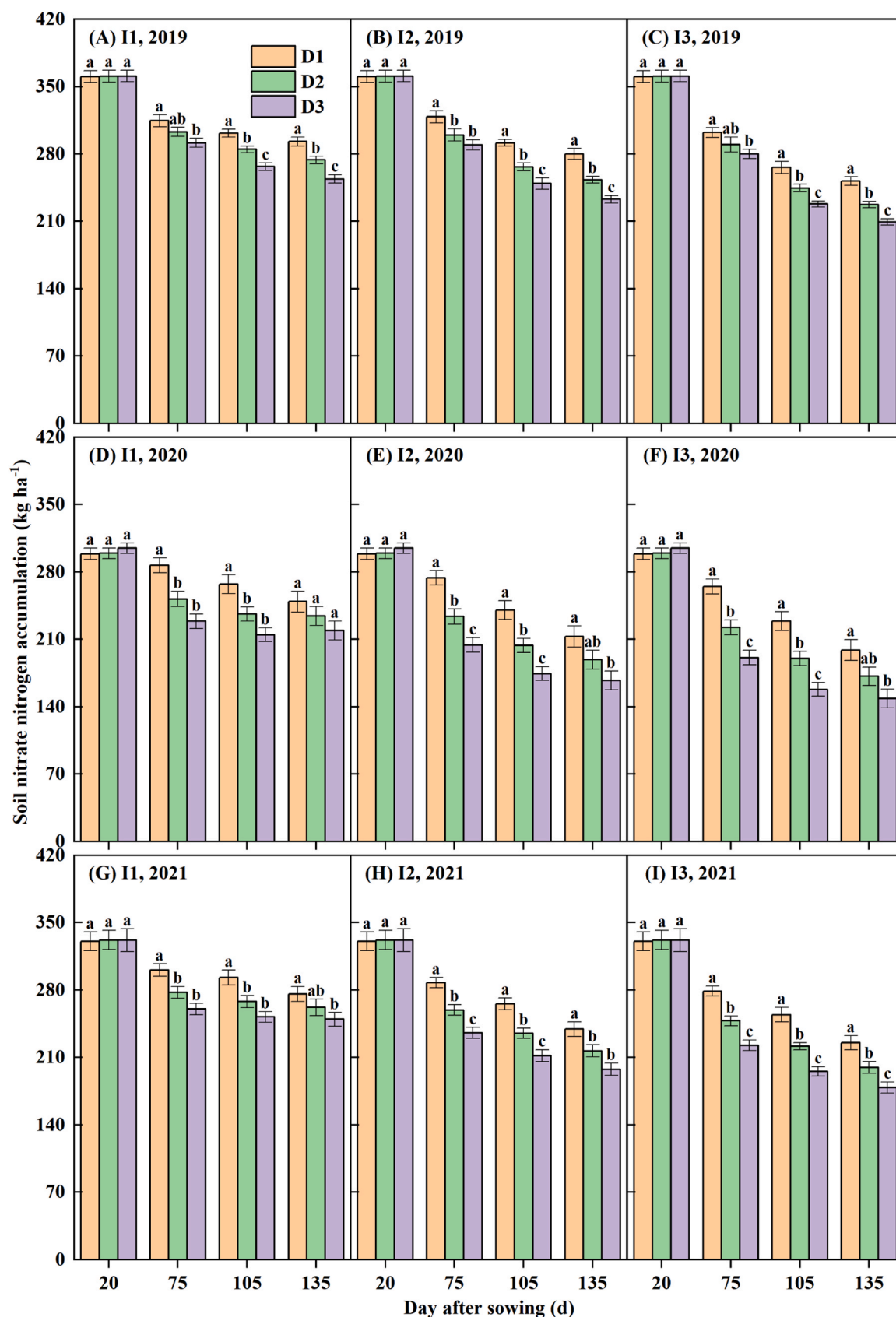


Fig. 8. Effects of irrigation amount and planting density on soil nitrate nitrogen accumulation in cotton fields. The error bars indicate the standard error of four replicates. I1, I2 and I3 mean irrigation amount of 0.6 ETc (deficit), 0.8 ETc (typical) and 1.0 ETc (adequate), respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m⁻² (high), respectively.

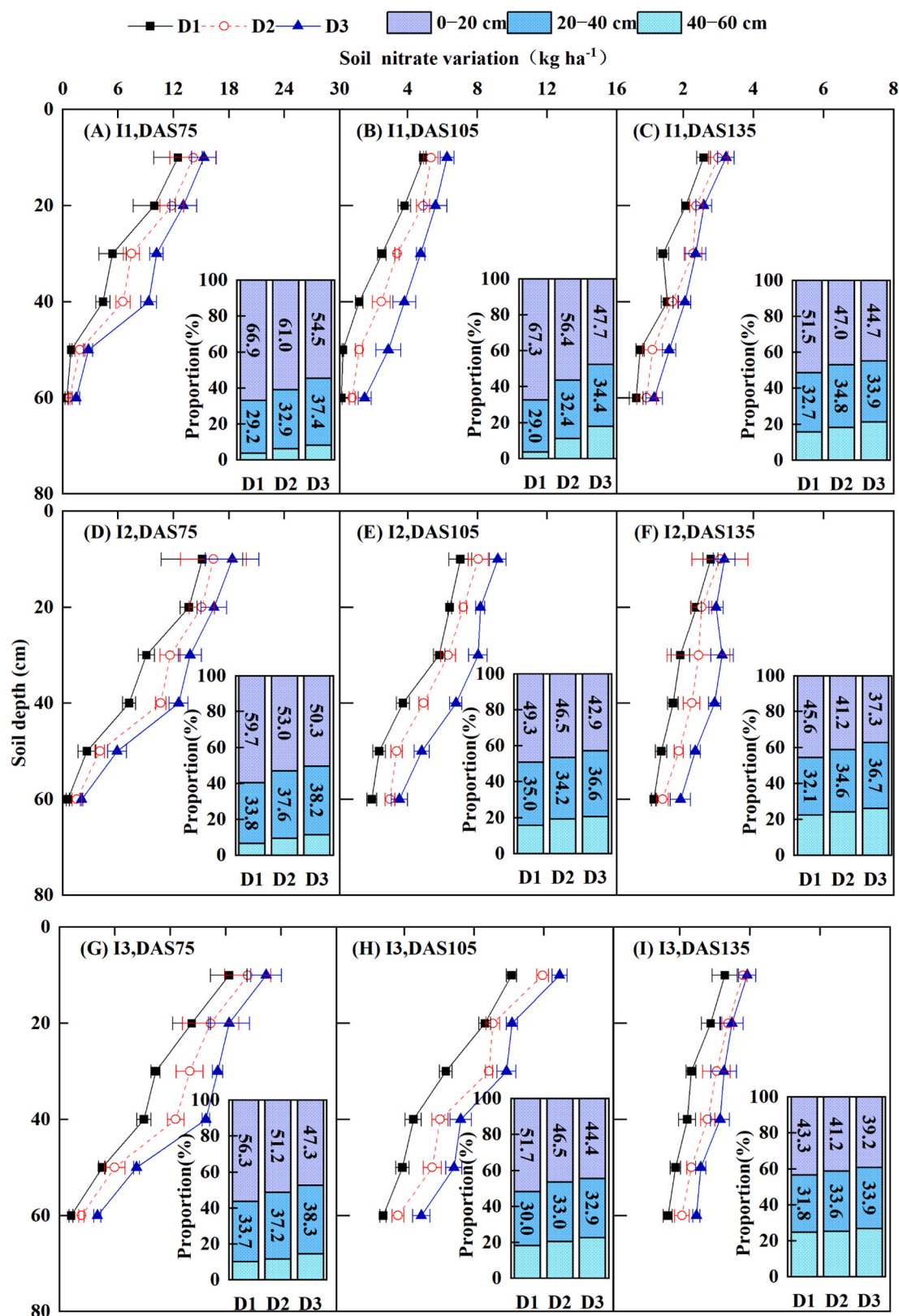


Fig. 9. Effects of irrigation amount and planting density on the vertical distribution and distribution proportion in different soil layers (bar charts embedded in each figure) for soil nitrate variation (SNV) of cotton at 75 (A, D, and G), 105 (B, E, and H), and 135 DAS (C, F, and I). The data presented in the figure are the mean values of the three growing seasons, and the error bars represent the standard error of the mean ($n = 12$). DAS, Days after sowing. I1, I2 and I3 mean irrigation amount of 0.6 ETc (deficit), 0.8 ETc (typical) and 1.0 ETc (adequate), respectively. D1, D2 and D3 mean planting density of 13.5 (low), 18.0 (typical), and 22.5 plants m⁻² (high), respectively.

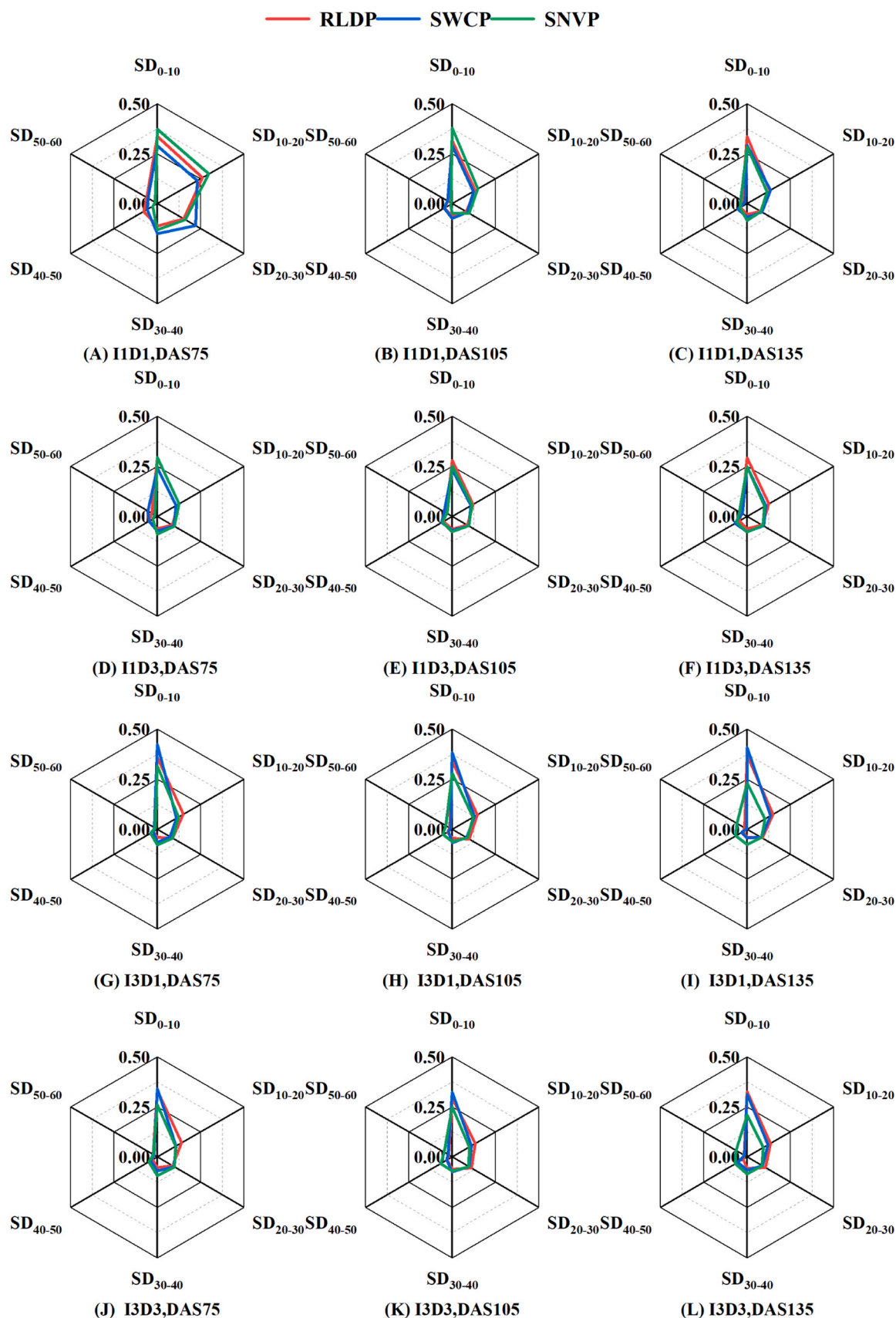


Fig. 10. Effects of root length density, soil water consumption, and nitrate nitrogen variation distribution proportion in different soil layers depending on the irrigation amount and planting density. RLDP, Root length density of proportion; SWCP, soil water consumption of proportion; SNVP: soil nitrate variation of proportion; and DAS, days after sowing. I1 and I3 mean irrigation amount of 0.6 ETc (deficit) and 1.0 ETc (adequate), respectively. D1 and D3 mean planting density of 13.5 (low), and 22.5 plants m⁻² (high), respectively.

4.1. Effects of irrigation amount and plant density on seed cotton yield and water productivity

Cotton is highly adaptable to water variability, with yield remaining unaffected within a certain range of water changes (Falkenberg et al., 2007; Zhang et al., 2023). When deficit irrigation is applied within an appropriate range, cotton reduces its transpiration rates by limiting vegetative growth and stomatal opening and maintaining high photosynthetic activity (Chen et al., 2022c). Water deficit can also promote the transition from vegetative to reproductive growth, increasing the harvest index and reducing water use (Ermanis et al., 2020). Although deficit irrigation enhances the harvest index by allocating more assimilates to reproductive organs (bolls), maintaining dry matter accumulation is crucial for yield stability (Dai and Dong, 2014). Increasing the planting density significantly enhances the dry matter accumulation (Dai et al., 2015), and there are significant interactive effects between planting density and irrigation amount on yield (Wei et al., 2024; Zhang et al., 2016). Similar results were observed in this study in a 3-year field experiment. Under conventional irrigation, a typical planting density produced a higher seed cotton yield than low and high densities. Regardless of the planting density, increasing the irrigation to saturation did not increase the cotton yield; saturated irrigation at a high planting density resulted in a 9.2%–23.5% reduction in seed cotton yield compared with conventional irrigation at medium densities. Although reducing water by 20% decreased yield at low and medium planting densities, in 2020 and 2021, the seed cotton yield under a high planting density was comparable to that of conventional irrigation and planting density, improving water productivity. These findings further confirm that deficit irrigation and a high planting density can achieve water-saving effects without reducing the seed cotton yield in arid conditions.

4.2. Effects of irrigation amount and planting density on the root distribution

Roots are a crucial component of crop growth, and a slight water deficit during the growing season can increase the vertical penetration depth of roots, reducing the RLD in the upper soil layers and increasing it in the deeper soil layers (Xu et al., 2016). This study showed that under mulched drip irrigation conditions, reducing the irrigation amount decreased the proportion of RLD in the 0–40 cm soil layer, a result consistent with that of Wang et al. (2021). Under sufficient water conditions, water is not a limiting factor, and roots can absorb water from the upper soil layers, leading to a decrease in the proportion of the root length density in the deeper soil layers. Moreover, changes in planting density significantly affect root distribution patterns (Jia et al., 2018). Increasing the planting density causes roots to spread more widely in the shallow soil layers in a horizontal direction (Shao et al., 2018). In the vertical direction, the root traits of high planting density crops exhibit a general downward shift in their distribution within the soil profile (Zhang et al., 2006), a trend confirmed under different irrigation amounts in this study. However, the root distribution depth is also influenced by soil texture and structure. In areas with good soil texture, the root distribution is more uniform, and the efficiency of water and nutrient absorption is higher (Guo et al., 2023). Conversely, in areas with a poor soil texture or structure, the root distribution is restricted, reducing the water and nutrient utilization efficiency (Ahmad and Li, 2021). Therefore, further research is needed to optimize the effects of irrigation amount and planting density on the root distribution under different soil conditions.

4.3. Effects of irrigation amount and planting density on soil water consumption and nitrate nitrogen variation

Irrigation regimes and planting densities significantly influence soil moisture and nitrogen dynamics. Adjusting irrigation methods

appropriately can ensure soil moisture remains within optimal ranges, reducing nitrogen leaching in the soil and enhancing root absorption of soil moisture and nitrogen (Qi and Hu, 2022). This study found that increasing irrigation reduces the consumption of soil moisture in cotton fields, with a greater proportion of water consumption occurring in the mid-deep soil layers under low irrigation conditions. This may be due to deficit irrigation reducing the uniformity of soil moisture (Guan et al., 2013), leading plants to expand or alter their root distribution to adapt to the uneven distribution of soil moisture (Sampathkumar et al., 2012), thereby enhancing the absorption and utilization of mid-deep soil moisture. Conversely, the variation in soil nitrogen is opposite to the trend of soil moisture consumption, with a higher proportion of changes in soil nitrate nitrogen in the root zone under deficit irrigation. This is because deficit irrigation reduces vertical soil moisture movement, weakening the leaching of soil moisture on nitrate nitrogen in the root zone (He et al., 2023), shortening the distance for root nitrogen absorption, and providing favorable conditions for the roots to absorb soil nitrate nitrogen. Additionally, increasing the planting density significantly reduces the soil moisture (Zhang et al., 2019) and nutrient content (Luo et al., 2022). A high planting density increases the proportion of water and nutrient consumption in the middle and deep soil layers (Chen et al., 2022a; Zhang et al., 2021), as confirmed in this study. However, under deficit irrigation conditions, increasing planting density enhanced the dynamic consistency of root distribution and soil water consumption and nitrogen variation, resulting in a 20% reduction in irrigation water use without sacrificing cotton yield and an increase in water productivity of cotton fields. These results provide a theoretical basis for achieving a high and stable cotton yield in arid regions. However, further exploration of other irrigation and fertilization measures, such as irrigation frequency, fertilization timing, and drip tape distribution, is necessary to investigate their effects on the root–water–nitrogen distribution relationship in cotton. Additionally, the long-term impact of management measures on cotton productivity should be considered. The integration of remote sensing technology and model simulations can optimize regional irrigation and planting density management schemes, providing scientifically informed and comprehensive irrigation and fertilization management strategies for drought-prone areas.

5. Conclusions

Under mulched drip irrigation conditions, combining deficit irrigation with a high planting density reduced irrigation water use by 20% without sacrificing cotton yield. By adjusting the root distribution zone, soil water consumption zone, and soil nitrate nitrogen consumption zone, the dynamic consistency between the root distribution and soil water and nutrient consumption was enhanced. This approach allows a higher planting density to achieve water-saving effects without reducing the seed cotton yield under deficit irrigation conditions. These findings provide a theoretical basis for implementing high and stable cotton yield measures in arid and water-scarce regions.

CRediT authorship contribution statement

Fengquan Wu: Writing – review & editing, Writing – original draft, Investigation. **Qiuxiang Tang:** Writing – review & editing, Supervision. **Jianping Cui:** Resources. **Na Zhang:** Methodology, Investigation. **YanJun Zhang:** Resources, Methodology, Formal analysis. **Tao Lin:** Writing – review & editing, Project administration, Funding acquisition. **Liwen Tian:** Methodology. **Rensong Guo:** Resources, Methodology. **Liang Wang:** Investigation. **Zipiao Zheng:** Methodology, Investigation.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence

the work reported in this paper.

Data Availability

The authors do not have permission to share data.

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